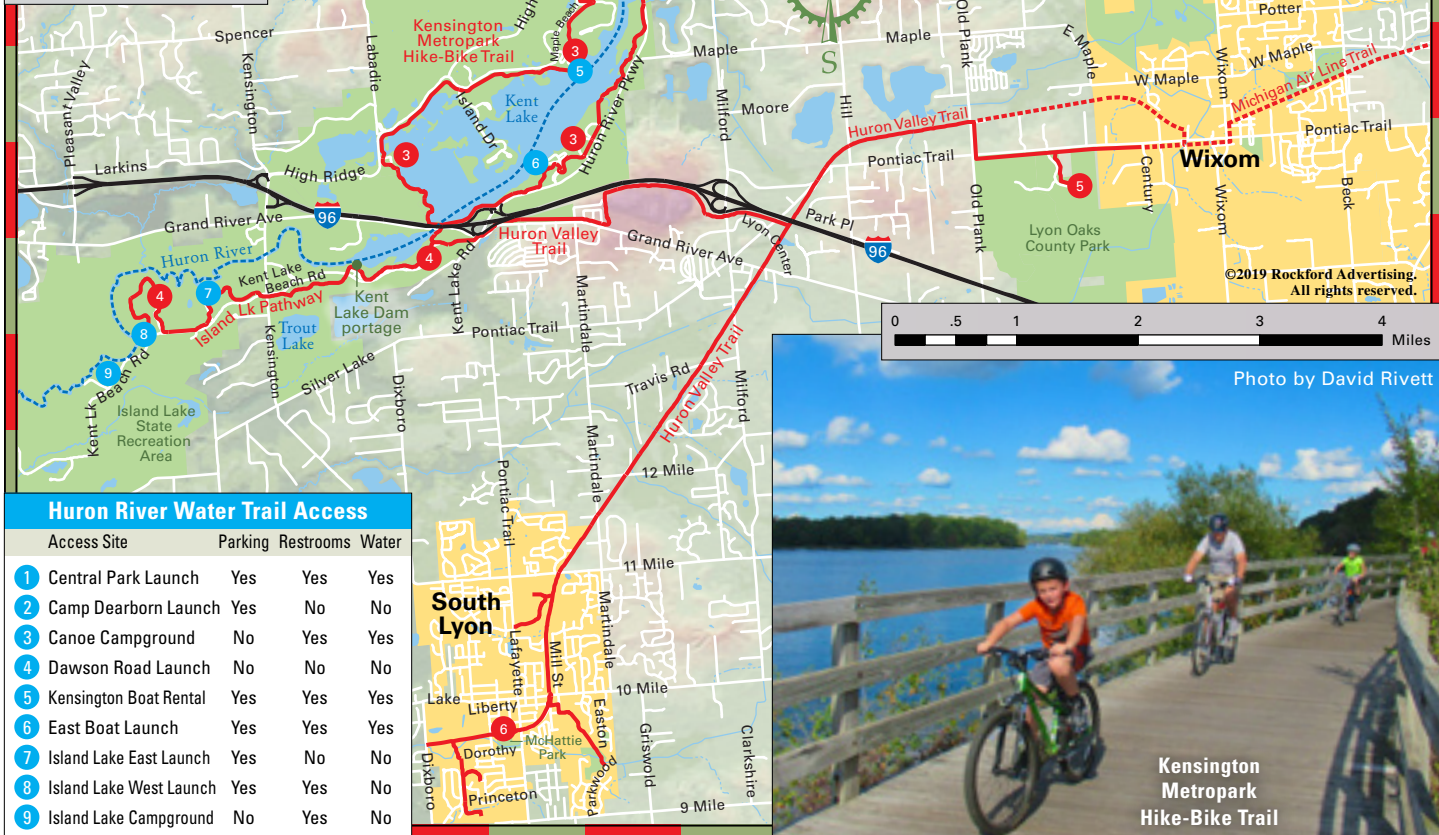


The Milford Trail follows a scenic route through the Huron River Valley.

Trails Legend	
	Paved Trail
	Water Trail Route
	Under Development
	Highways
	Roads



Milford Trail Access			
Access Site	Parking	Restrooms	Water
1 Carls Family YMCA	Yes	Yes	Yes
2 Milford Trailhead	Yes	No	No

Kensington Metropark Hike-Bike Trail Access			
Access Site	Parking	Restrooms	Water
3 Kensington Metropark	Yes	Yes	Yes

Island Lake Pathway Access			
Access Site	Parking	Restrooms	Water
4 Island Lake State Rec Area	Yes	Yes	Yes

Huron Valley Trail Access			
Access Site	Parking	Restrooms	Water
5 Lyon Oaks County Park	Yes	Yes	Yes
6 McHattie Park	Yes	Yes	Yes

Huron River Water Trail Access			
Access Site	Parking	Restrooms	Water
1 Central Park Launch	Yes	Yes	Yes
2 Camp Dearborn Launch	Yes	No	No
3 Canoe Campground	No	Yes	Yes
4 Dawson Road Launch	No	No	No
5 Kensington Boat Rental	Yes	Yes	Yes
6 East Boat Launch	Yes	Yes	Yes
7 Island Lake East Launch	Yes	No	No
8 Island Lake West Launch	Yes	Yes	No
9 Island Lake Campground	No	Yes	No



Photo by David Rivett

Kensington Metropark Hike-Bike Trail

### Huron Valley Trail

The 12.5-mile Huron Valley Trail follows along the former Air Line Railway, one of Michigan's first railroads. From the tunnel under I-96, a western spur of the trail takes you over a steep ridge into the Huron River Valley where you connect with the Island Lake Pathway and Kensington Metropark Hike-Bike Trail.

### Island Lake Pathway

The Island Lake Pathway offers 4 miles of smooth asphalt trail that meanders through the Island Lake State Recreation Area. The Island Lake Pathway connects the Huron Valley Trail to the Kensington Hike-Bike Trail, passing under Interstate 96 to Kent Lake.

### Kensington Metropark Hike-Bike Trail

The 8.5-mile Kensington Metropark Hike-Bike Trail encircles picturesque Kent Lake, passing along the water's edge and several recreational amenities that have made Kensington Metropark one of Michigan's most popular parks. The paved trail is nicely maintained, and pleasantly curvy, with a few inclines that may require some extra pedal power. Hint: going clockwise is easiest.

### Milford Trail

Completed in 2009, the Milford Trail travels approximately 5 miles from Kensington Metropark Hike-Bike Trail to Commerce Road (Carls Family YMCA) in Milford. This perfectly smooth asphalt

trail follows a scenic route through the Huron River Valley, over Ford Dam and around Hubbell Pond. When you reach the end of the trail, you can follow Commerce Road into downtown Milford where you'll find several stores and restaurants.

### Huron River Water Trail

Part of the 104-mile Huron River Water Trail that flows from Proud Lake to Lake Erie, the 14-mile section of the water trail shown on this map offers easy access and riverside camping. You'll need to make two portages: at Hubbell Dam and Kent Lake Dam. For information about the entire Huron River Water Trail and its amenities, access sites, float times, portages and outfitters, visit: [HuronRiverWaterTrail.org](http://HuronRiverWaterTrail.org)

Huron Valley Trail • Kensington Hike-Bike Trail • Island Lake Pathway • Milford Trail